

## How to Entertain Yourself in a Lockdown

Because of COVID-19 **quarantine**, I have been at home for over two months leaving my flat only three times: once to go to a pharmacy (no; I was not ill, just to buy some regular stuff I need), and twice—to the shop. All the other time I have had a home delivery of food and supplies and to tell you the truth I have been doing pretty good.

The world is going through a hard time and I am one of the lucky ones who can work from home, and this fact plays an important part **when it comes to the daily routine**. Most of the time I spend working with my students online, making videos and quizzes or, like now, recording a podcast.

Therefore, I am not very much bothered by the question of how to **entertain myself** during the lockdown, and not to go nuts out of boredom. I am never bored.

However, I'd like to share with you what I do when I don't work. What do I do to entertain myself? I have literally to entertain myself as I live alone and there is no one who can entertain me. These are my top 3 activities.

### ***#3 Balcony walks***

Listening to music on the balcony. I am happy to have quite a spacious balcony where I can walk from one side to the other with music from a streaming service **I am subscribed to**. Looks like a walk in a prison yard, though they have a bit more room there. However, **inmates** are unlikely to be allowed to listen to music on their gadgets.

### ***#2 Watching Rick and Morty***

When the lockdown started, I stopped watching gloomy mysteries and thrillers that I adored in the past normal life. This cartoon for adults is crazy, fun and a wonderful **distraction** from the reality.

### ***#1 Writing my book***

I have started to write a book, yes. It is also a crazy story, and the process is quite entertaining as well. I would say it is an adventure in the world of my fantasies. I have already done more than 70 pages, and as the quarantine does not seem to end in the near future, there is a good chance I will do all the planned 400 before we are allowed to go out.

How about you? What are you doing in the lockdown? Please write in the comments.

Now let's take a look at some words and phrases from this podcast:

**Quarantine – the synonym of “lockdown”**

**when it comes to the daily routine – speaking about daily routine**

**entertain myself**

**to go nuts out of boredom – to become crazy because of boredom**

**be subscribed to a streaming service**

**inmates – prisoners**

**distraction – something that disturbs you while you are involved in some activity**

This is all for today. I hope you enjoyed this podcast, and if you have any questions or want to leave a comment, please, do it on my website, [www.nmodel.net](http://www.nmodel.net), or you can also do it on the platform that you are using to listen to my podcast.

Goodbye!

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